

# A Total Approach



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## Emotional Processing in Children

### A course for Occupational Therapists

#### Course Description:

This course is designed to compliment the work of occupational therapists that work in the arena of child development. It specifically targets the overlap between the emotional development in children with practices such as Sensory Integration and general occupational therapy practice with children. The course is meant to provide background and theory, but also to be a workshop of discussion around video footage so as to clearly identify different principles and scaffolding of intervention planning. Course participants will be encouraged to bring cases through written format or video footage for discussion and will learn practical tools for implementation the very first day after the course.

#### Course Program Day 1:

8.30 to 9.00am	Registration
9.00 to 9.30am	Welcome and Introductions
9.30 to 11.00am	Considering Theories of Piaget, Erikson, Vygotski, Trevarthon and others
11.00 to 11.15am	Break
11.15 to 13.00pm	The 6 emotional developmental levels in play according to Dr. Stanley Greenspan.
13.00 to 14.00pm	Lunch
14.00 to 15.00pm	Symbolic themes in Play
15.00 to 15.45pm	The use of sand tray as an intervention method
15.45 to 16.00pm	Break
16.00 to 17.00pm	Attachment Theory and overlap into Sensory Processing

#### Course Program Day 2:

- 9.00 to 9.30am Check in with course participants on questions from day before
- 9.30 to 11.00am Family and Caregiver interaction / intervention
- 11.00 to 11.15am Break
- 11.15 to 13.00pm Overlap between Sensory Processing and Emotional Processing
- 13.00 to 14.00pm Lunch
- 14.00 to 17.00pm Case study discussions through prepared cases from presenter, though also from course participants. Evaluation, hypothesizing and intervention principles will be discussed. Caregiver patterns will be discussed with respect and consideration for their every day difficulties in rearing children with special needs, as well as cultural considerations. The discussion will be open format and meant to provide insight on consideration of different frames of references, though also be practical in providing intervention guidelines.