

### *About Kelly Dorfman:*

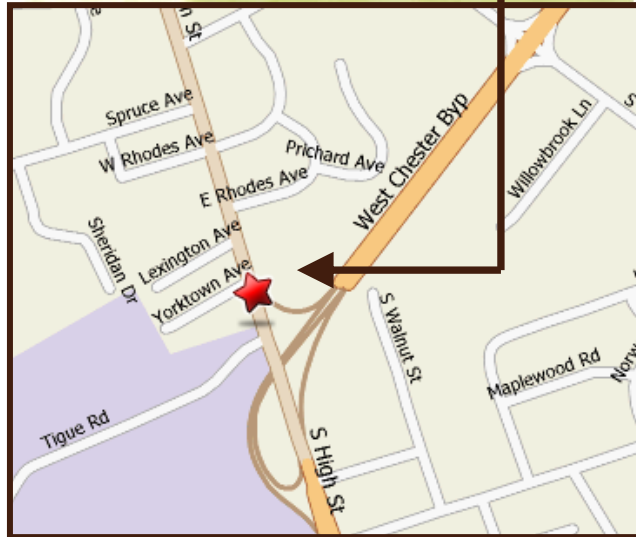
Kelly Dorfman is a health program planner and nutritionist with twenty seven years of clinical experience. Her specialty is developing nutrition and lifestyle strategies to address complex health problems from autism to bone loss to rare genetic disorders. Physicians and other medical professionals refer cases to her for insight when traditional methods do not attain optimal results.

One of Kelly's special interests is children. Twelve years ago, she co-founded the non-profit organization, Developmental Delay Resources (DDR). The purpose of DDR is to educate parents, teachers and health professionals who deal with children facing attention, behavior and cognitive challenges. DDR helps people decide what to do after the diagnosis and while waiting for research. The organization also provides information and training in non-drug interventions that address the root causes of these conditions.

Kelly's special talent for integrating information from many sources and finding practical solutions has made her a popular speaker and workshop leader. She has lead workshops and lectured in over 20 cities. Sponsoring groups have included doctors, therapists, optometrists, international associations and schools.

Location of Conference:  
Holiday Inn - West Chester  
943 South High Street  
West Chester, PA 19382

Phone: 1 - 888 - 664- 6665



**Phone:** (484) 840 - 1529

**Fax:** (484) 840- 1560

9 Lacrue Ave, Ste 103  
Glen Mills, PA 19342

[www.atotalapproach.com](http://www.atotalapproach.com)  
[info@atotalapproach.com](mailto:info@atotalapproach.com)

## OPTIMIZING YOUR CHILD'S COGNITION AND DEVELOPMENT THROUGH NUTRITION



Presented by:

*Kelly Dorfman, M.S., L.N.D.*

Hosted by:

*A Total Approach*



**FEBRUARY 27<sup>TH</sup>, 2010**  
**9:00AM - 4:00PM**

About the Conference:

This conference will enlighten and empower professionals and parents to see nutrition as a working tool in their bag to assist and improve therapeutic outcomes.

Who Would Benefit From Attending:

- Therapists
- Clinicians
- Parents
- Nutritionists
- Holistic Practitioners

Agenda:

9:00 - 9:30: Introduction to the relationship between chemistry and learning

- How what your child eats affects sensory development and why kids with sensory issues are such fussy eaters
- Why improving nutrition makes therapy go better

9:30- 10:00: Allergies ear infections and their relationship to development

- How to know if a child is not progressing due to allergies/food sensitivities
- Ear infections and language development

10:00- 11:15 (will include a 15 minute break) Fat and the Brain

- Types and forms of fats
- Why dyspraxia is important and how to address it nutritionally

11:15- 12:00 Special Diets

- What are special diets and how can they help development
- The Gluten-free/Casein free diet and who might benefit from it
- The Specific Carbohydrate Diet

**FEBRUARY 27<sup>TH</sup>, 2010**  
**9:00AM – 4:00PM**

12:00-1:00 Lunch

1:00- 2:00 Environmental stressors and their impact on cognition

- Pollutants
- Heavy metals
- Viruses
- How to lower their impact on children

2:00-3:15 (will include a 15 minute break)

The picky eater

- The underlying physiological reasons for picky eating
- Effective strategies that attack the root causes

3:15- 4:00 Genetic Conditions

- How to think biomedically about genetic conditions
- Down Syndrome and nutritional therapy

**Registration Form**  
**Kelly Dorfman Conference**

Name/s: \_\_\_\_\_

Please circle:

Parent Educator MD Psychologist  
OT ST PT Social Worker

Home Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

**Cost:**

**Early bird – sign up by January 31<sup>st</sup>, 2010**

**Professionals**—\$105 per professional

**Parents**— \$90 per parent

**Starting February 1<sup>st</sup>, 2010**

**Professionals**—\$115 per professional

**Parents**— \$100 per parent

**Space is limited, please register early.**

**Method of Payment:**

Check Enclosed  
(payable to A Total Approach)

VISA/Mastercard

Exp. Date \_\_\_\_\_

Billing Zipcode \_\_\_\_\_

Signature: \_\_\_\_\_

**Mail to:** A Total Approach, 9 Lacrue Ave, Ste 103, Glen Mills, PA 19342